



Barbara McMahan | President, SHRM-SCP, SPHR

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About Barbara

As an experienced international organization development consultant, Barbara specializes in coaching executives and professionals in building leadership capacity, developing global teams, and leveraging their diverse in-house talent.

The purpose of her work is to bring people together to build equity, inclusion and trust, achieve results, and affect positive change. She coaches teams and individuals through the process of identifying their unique strengths in order to create more innovative business and career opportunities.

Atticus Consulting has had the pleasure of supporting a number of companies internationally, including:



Diversity, Equality & Inclusion (DEI) Experience

Executive Coach for WE Lead Program through Cincinnati USA Regional Chamber | Developed and Facilitated Women's Leadership Series for Amazon | Facilitated Healing Through History Program (National Underground Railroad Freedom Center) | Experienced Speaker on Women's Topics | Certified Mindfulness Instructor

Providing Executive Coaching and Professional Development Workshops on the Following Topics:

Understanding Generational Differences

- Explore values, descriptions and motivators of each generation
- Determine how to flex your style to improve generational communication and trust with colleagues

Leading Through Strengths

- Understand how to use your strengths to improve your engagement
- Uncover common myths about strengths and how to overcome them
- Create an action plan for utilizing your strengths on a daily basis

Dealing Effectively With Change

- Identify and gain control of your own behavior and attitude towards change
- Understand phases associated with change and transitions
- Learn techniques to cope with change, disruption and stress in the workplace
- Discover strategies to support co-workers

Proactively Manage Conflict

- Gain a deeper understanding of your conflict management style
- Explore appropriate uses for different conflict styles
- Identify ways to improve your listening skills
- Build your ability to manage conflict more effectively in the workplace

Maximize Your Moxie: Building Your Personal Brand

- Explore strategies to overcome negative self-talk and defeating attitudes
- Learn to increase self-esteem and effectiveness in communication
- Identify your personal brand to increase your professional presence
- Discover how to make networking fun and effective
- Learn to use social media to your advantage

Navigating Your Career

- Understand why career development is crucial for your success
- Conduct a self-assessment to identify your top values
- Learn how to take initiative in your career and development
- Create a strategy and action plan to achieve tangible results